

Kenzen BDZ + Kenzen Calcium Complex

Q: What happened to OsteoDenx?

A: Nikken constantly conducts research and development. We work closely with scientists and formulators, and when something new and groundbreaking comes up, we partner with manufacturers and ingredient suppliers to make it happen. Kenzen BDZ™ is formulated with three patented components that have showed impressive benefits in many clinical trials the area of bone/joint and cardiovascular health. By combining three proven components along with other key synergistic ingredients, we believe we have the makings of a life-changing product, especially when it is taken together with Kenzen Calcium Complex.

Q: What makes Kenzen BDZ so special?

A: Each component of this powerful formula has exceptional health attributes. It particularly helps the body absorb and properly utilize calcium, a key for maintaining bone/joint and cardiovascular health. Calcium can be difficult to absorb and properly utilize, so formulating a product that truly enhances calcium metabolism is groundbreaking. You will be hard pressed to find any other product with the same multiple benefits. In addition, BDZ is made with organic plant concentrates rather than synthetics. Naturally-derived ingredients are easier for the body to absorb, process and utilize.

Q: What are the patented nutritional factors in BDZ?

A: Patented MenaQ7®, patented Aquamin® and patented ParActin®.

- [MenaQ7®](#) is a special form of vitamin K2 that has been clinically validated for supporting, building and maintaining strong bones. It is the only clinically validated, patented vitamin K2 with [long-chain menaquinones](#). MenaQ7® is naturally-derived from [fermented](#) organic garbanzo beans. Naturally-derived is more readily utilized by the body. MenaQ7 helps calcium adhere to bones and NOT to [arterial tissues](#). Healthy arterial tissues contain 100 times more Vitamin K2 than unhealthy arteries^{Q!} The amount of calcium in the arteries is a risk factor for cardiovascular health. *You are as old as your arteries!*

In addition, it has a longer half-life than synthetic vitamin K2, which means it stays in the bloodstream longer. In a 3-year long clinical trial with 244 menopausal women, those who took MenaQ7 showed a significant improvement in their vitamin K status and also showed a decrease in age-related decline in bone mineral content and bone mineral density.

- [Aquamin®](#) is a unique, highly bioavailable marine plant based multi-mineral/vitamin complex that is rich in calcium magnesium and 72 trace minerals. This marine algae is sourced from the pristine waters of Iceland. Minerals not only benefit our bones; there are literally no bodily processes on either the cellular or systemic level that can operate without the right amounts of minerals. They are that critical to your body's daily functioning. [Multiple published studies](#) show that Aquamin supports good bone and joint structure and strength, plus overall healthy aging.

- [ParActin®](#) is a patented standardized natural extract of [Andrographis Paniculata](#), clinically proven to modulate the inflammatory response and promote healthy brain and joint function by naturally invigorating the PPAR gamma receptor, reducing pro-inflammatory cytokines that cause pain and redness from everyday activities.

Innovated by [Dr. Juan Hancke](#), renowned author and holder of 20 worldwide patents, this blend is certified organic, kosher, halal and vegan. The botanical name is *Andrographis Paniculata*, and it has been shown scientifically to help reduce the symptoms of osteoarthritis.

Q: Why can't I purchase Kenzen BDZ™ by itself? Why is it available only together with Calcium Complex?

A: Synergy! We call Calcium Complex and Kenzen BDZ “Bone Buddies” and “Partner Products” because the combination of ingredients in BDZ work together to help the body to absorb, retain and utilize the calcium that is the key to maintaining strong, regenerative bones. The *Bone Health Pack* is a two-part system that includes clinically studied and patented ingredients.

Q: Has there been a change to the Calcium Complex formulation to work in sync with Kenzen BDZ?

A: No. We did not change the Calcium Complex [formulation](#), which is exceptional in that it contains naturally sourced calcium, much easier to absorb than elemental calcium commonly found in most other brands. It also contains the full combination of minerals that closely mirror the same minerals and their proportions found in bone structure. [Studies](#) have shown [TruCal®](#) which is our natural calcium source significantly increases bone strength and improves bone biomarkers in vivo. When Kenzen BDZ partners with such an exceptional Calcium Complex, it provides powerful synergistic benefits.

Q: What are the benefits of the Bone Health Pack?

A: The two systems together can help:

- Stimulate bone growth
- Increase bone mass and strength
- Increase bone mineral density
- Reduce the risk of osteoporosis
- Increase flexibility and mobility
- Support healthy cartilage function
- Support healthy skeletal muscles
- Improve cardiovascular health

Q: Where is the Bone Health Pack manufactured?

A: In the USA.

Q: How do we take the two products?

A: Take two tablets of each every day. You can choose day or night, however the body regenerates mostly during sleep.

Q: Is there turmeric in BDZ?

A: There are 30 mg of [CurcuCare®](#) organic curcuma longa, which is a standardized and potentized curcumin, the active ingredient found in turmeric. CurcuCare® is naturally extracted without solvents and is 29X more potent than many of the other ‘standardized extracts.’

Q: Are there any ingredients from animals?

A: Kenzen BDZ contains hydrolyzed collagen derived from [bovine collagen](#), the most abundant protein in the body. This type of [collagen](#) is known to benefit joint surfaces, muscles, tendons, bones, eyes, blood vessels, skin, hair, nails, etc.

Kenzen Calcium Complex contains TruCal® which is a mineral blend derived from bovine milk.

Q: I take blood thinners. Can I still take the BDZ since it has vitamin K2?

A: We recommend checking with your physician. BDZ contains 180 mcg of vitamin K2.

Q: Are the formulas different for Canada?

A: No. This is a US product that is shipped to Canada.

Q: How do the two products in the Bone Health Pack help our bones?

A: Together they support bone structure, bone strength and bone density. They also support bone mineralization and mineral metabolism, help improve skeletal muscle strength and exercise performance.

Q: Can I take the products together with Fosamax?

A: We recommend discussing this with your trusted healthcare provider. Some doctors prescribe calcium and vitamin D to help prevent low calcium levels in your blood when taking Fosamax, so it can depend desired outcome and on what you are already taking.

Q: Is there gluten in the products?

A: No.

Q: Is there lactose in the products?

A: No. TruCal® is an all-natural, [lactose-free](#) calcium supplement with superior absorption compared with most other calcium sources. Kenzen BDZ is dairy free.

Q: Are there shellfish in either product?

A: No. The only marine ingredient is algae, a type of seaweed.

Q: Can I give BDZ to my pets?

A: There are no veterinary claims for the product, so please ask your veterinarian before administering it to your pets.

Q: Is the Bone Health Pack kosher?

A: No. The Calcium Complex is [derived from milk](#) and although our source is trusted, kosher milk must come from a kosher animal.

Q: Are there other synergistic ingredients in BDZ?

A: BDZ also consists of [Glucosamine](#), [hydrolyzed collagen](#) and [Hyaluronic acid](#). These ingredients help support cartilage tissues with essential proteins and amino acids that the body can easily incorporate into connective tissue (cartilage, ligaments and tendons)

Q: Why is [Boswellia](#) and [CurcuCare®](#) in BDZ?

A: Both ingredients are from the Ayurvedic tradition and are scientifically shown to have antioxidant and anti-inflammatory properties. Clinical research has shown that they help increase flexibility and mobility and help reduce the discomfort related to osteoarthritis. [CurcuCare®](#) is a curcumin preparation from fresh turmeric rhizome that is never dried or extracted using solvents. The resulting curcumin remains in its native complexed form that leads to dramatically higher circulating levels of beneficial free curcuminoids – up to 29x higher than what is expected from standard curcumin extracts.

Q: What adversely affects bone health?

A: A diet low in calcium contributes to diminished bone density, early bone loss and an increased risk of fractures. Athletes may experience higher bone loss due to intense physical activity; however, those who are inactive have a higher risk of osteoporosis. As we age, our bones become thinner and weaker. Women suffer bone loss dramatically at menopause when estrogen levels start to drop. In men, low testosterone levels also can cause loss of bone mass.

Q: Why is bone health so important?

A: The skeletal system is made up of bones and supports the entire body. Bones anchor the muscles and allow mobility. Like the framework of a house that holds it up, our skeletal system holds up the body. When a skeletal system is brittle and weak, the risk is high for bone fractures, osteoporosis and eventually, becoming bent over and even losing the ability to walk or stand.

The skeletal system houses the circulatory, digestive and nervous systems, and bones protect vital organs and the brain. Our bones manufacture both white and red blood cells and serve as the bodies mineral bank for other body systems.

And of course, all this good information is for your education, and has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.